

# New Home Eco-Friendly Checklist



Use this checklist for cost-effective ideas to help make your new home a sustainable one!

## Kitchen

- Use biodegradable sponges and trash bags
- Replace plastic wrap with beeswax wrap
- Swap out your plastic bottle of dish soap for dish bar soap
- Skip the paper towels and use reusable cloth towels
- Create your own non-toxic cleaners with common ingredients like baking soda, white vinegar and lemons
- Compost food scraps

## Bedrooms

- Bring the outdoors in! Decorate with air-purifying plants for a beautiful aesthetic with health benefits.
- Shop second-hand. Check out thrift stores and flea markets for furniture, picture frames, and vases.
- Control electricity usage by using a power strip with an off/on switch
- Invest in a fan instead of turning on the A/C

## Outdoor space

- Use your green thumb! Plant an herb garden and small vegetables in pots.
- Install solar-powered lighting
- Create a shaded area out of your shrubs and trees to naturally cool part of the house or garden
- Cultivate native plants that require minimal maintenance and fertilizer
- Make your own insect spray. Avoid toxic chemicals and keep pests at bay!

## Laundry room

- Replace dryer sheets with reusable wool dryer balls
- Install inexpensive drying racks to limit the use of your dryer
- Swap to buying laundry detergent in bulk and use refillable containers
- Re-wear clothes when possible and only wash as needed

## Small habits can lead to big changes

- Replace incandescent lightbulbs with LED
- Wrap up! In the winter, add layers before putting the heat on.
- Keep reusable cloth or paper grocery bags in your car so you're prepared.
- Shop local. Check out local businesses and farmers' markets you can support
- Avoid single-use items like coffee cups, plastic sandwich bags, straws, and more
- Get outside and scope out nature trails and local parks. Grow an appreciation for the planet you're trying to protect!